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## MVA - Accident Information

**Note:** Please be as accurate as possible, this information may form part of the bases of future medical legal reports.

**Patient Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Patient Information:**

\_\_\_ Male \_\_\_ Female      Age \_\_\_\_\_      Weight \_\_\_      Height \_\_\_\_\_

Date of Accident: \_\_\_\_\_

Were **Police** called to the scene of the accident? **YES**\_\_\_ **NO**\_\_\_

If **YES**, what police department? \_\_\_\_\_

Describe the Accident:

**Kinetic Health™**

Soft Tissue Management Systems

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[www.activerelease.com](http://www.activerelease.com)  
[www.releaseyourbody.com](http://www.releaseyourbody.com)



## Motor Vehicle Accident Report – Information and History

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Did you go to the hospital after the accident? YES\_\_\_ NO\_\_\_

If YES:

How soon after the accident?	How did you get to the hospital?	How did you leave the hospital?
<input type="checkbox"/> within 1 hour <input type="checkbox"/> after 2-3 hours <input type="checkbox"/> after 4-8 hours <input type="checkbox"/> after 9-16 hours <input type="checkbox"/> after 17-24 hours <input type="checkbox"/> after 2 days <input type="checkbox"/> after 3 days <input type="checkbox"/> after 4-5 days <input type="checkbox"/> after 5-10 days <input type="checkbox"/> more than 10 days <input type="checkbox"/> Other	<input type="checkbox"/> Ambulance <input type="checkbox"/> Your car <input type="checkbox"/> Someone else's car	<input type="checkbox"/> I drove home <input type="checkbox"/> Someone else drove

Were X-rays or other diagnostic procedures used at the hospital? YES\_\_\_ NO\_\_\_

If YES, what procedures were used and what were the results?

Did you receive treatment or medication at the hospital? YES\_\_\_ NO\_\_\_

If YES, what treatment or medication or advice was given at the hospital?

Have you seen any other practitioners about this accident (beside the hospital) before coming to our clinic?  
 YES\_\_\_ NO\_\_\_

If YES, what examinations, treatment, diagnosis or advice have you been given?

What is the name and phone of these other practitioners who assisted you?

## Vehicle Information

### Patient Vehicle - check the correct options

What was the **make** of your car/truck?

\_\_\_\_\_

What was the **size** of your car/truck?

\_\_\_\_\_

How far did your car move after being struck?

\_\_\_\_\_ in/ft.

What was the approximate **speed** of your car at the time of the collision?

Standing still \_\_\_\_\_ 5 to 10 mph \_\_\_\_\_  
10 to 15 mph \_\_\_\_\_ Other \_\_\_\_\_

If your vehicle was **standing still** at the time of the collision, did you have your foot or feet:

\_\_\_\_\_ pressed on the brake?  
\_\_\_\_\_ resting on the brake?  
\_\_\_\_\_ off the brake?

What **direction** did the striking vehicle come from?

\_\_\_\_\_ head-on  
\_\_\_\_\_ from behind  
\_\_\_\_\_ right side  
\_\_\_\_\_ left side

Did your vehicle **strike another vehicle** after the initial impact? YES \_\_\_\_\_ NO \_\_\_\_\_

What kind of **surface** were you driving on?

\_\_\_\_\_ Dry pavement  
\_\_\_\_\_ Wet pavement  
\_\_\_\_\_ gravel  
\_\_\_\_\_ other \_\_\_\_\_

What direction was your car's **front tire** facing when your vehicle was struck?

\_\_\_\_\_ Straight ahead  
\_\_\_\_\_ Right  
\_\_\_\_\_ Left

Was there any **damage** to your vehicle?

YES \_\_\_\_\_ NO \_\_\_\_\_

Were you the **driver**? YES \_\_\_\_\_ NO \_\_\_\_\_

If **NO**, where were you sitting?

\_\_\_\_\_ front left \_\_\_\_\_ back left  
\_\_\_\_\_ front middle \_\_\_\_\_ back middle  
\_\_\_\_\_ front right \_\_\_\_\_ back right

Were you **wearing seat belts**? YES \_\_\_\_\_ NO \_\_\_\_\_

If **YES**, what kind?

\_\_\_\_\_ shoulder only  
\_\_\_\_\_ lap only  
\_\_\_\_\_ combination of shoulder and lap

Did **air bags** deploy?

YES \_\_\_\_\_ NO \_\_\_\_\_

### Striking Vehicle - check the correct options

What was the **make** of the striking car/truck?

\_\_\_\_\_

What was the approximate **speed** of the striking vehicle at the time of the collision?

Standing still \_\_\_\_\_ 5 to 10 mph \_\_\_\_\_  
10 to 15 mph \_\_\_\_\_ Other \_\_\_\_\_

What was the **size** of the striking car/truck?

\_\_\_\_\_

Was there any **damage** to the striking vehicle?

YES \_\_\_\_\_ NO \_\_\_\_\_

If **YES**, what kind and degree of damage?

\_\_\_\_\_

## Vehicular and Patient Relationship

### Seat and Head Rest - check the correct options

Was the seat you were sitting in  
 hard?  
 soft?  
 normal?

Did your seat have a headrest? YES  NO

If your seat had a headrest, how far away was the headrest in relationship to the back of your head?  
 0 to 1 inch  
 1 to 2 inches  
 2 to 3 inches  
 Estimated distance

If your seat had a headrest, where was the top of the headrest in relationship to the top of your head?

The top of the headrest came below the top of my head by \_\_\_\_\_ inches.  
 The top of the headrest was even with my head.  
 The top of the headrest was above my head by \_\_\_\_\_ inches.

## Facts about the Patient during this MVA Accident

### Check the appropriate options

Did you realize that your car was going to be hit by the other car?  
YES  NO

If YES, did you brace your arms and legs?  
YES  NO

When your car was struck, what direction were you looking?  
 Straight ahead  
 Looking up  
 Looking down  
 To the right  
 To the left

If your head was turned, estimate the degrees it was turned to the:  
 Right  
 Left

If your head was looking up or down, estimate the degrees:  
 up  
 down

Did your head strike any objects during the impact (for example: window, steering wheel, etc)  
YES  NO

If YES, provide details:

Did you lose consciousness after impact?  
YES  NO

Did you experience any of the following after the accident?

Confusion  
 Severe headache  
 Nausea or Vomiting  
 Blurred Vision  
 Loss of Short Term Memory  
 Trouble understanding conversations  
 Extreme drowsiness

## Facts Concerning the Patient *after* the MVA Accident

What do you remember immediately after the accident?

Since the accident have you noticed any of the following symptoms?

- |                                       |                |
|---------------------------------------|----------------|
| 1. Headaches.                         | YES ___ NO ___ |
| 2. Light-headedness.                  | YES ___ NO ___ |
| 3. Dizziness or spinning sensation.   | YES ___ NO ___ |
| 4. Poor concentration.                | YES ___ NO ___ |
| 5. Nausea or vomiting.                | YES ___ NO ___ |
| 6. Lack of awareness of surroundings. | YES ___ NO ___ |
| 7. Irritability, feeling frustrated.  | YES ___ NO ___ |
| 8. Easily tired.                      | YES ___ NO ___ |
| 9. Problems sleeping.                 | YES ___ NO ___ |
| 10. Intolerance of loud noises.       | YES ___ NO ___ |
| 11. Ringing in the ears.              | YES ___ NO ___ |
| 12. Intolerance bright lights.        | YES ___ NO ___ |
| 13. Feeling anxious.                  | YES ___ NO ___ |
| 14. Feeling depressed.                | YES ___ NO ___ |
| 15. Crying for no apparent reason.    | YES ___ NO ___ |
| 16. Memory problems.                  | YES ___ NO ___ |

## Previous History of MVA Accidents

Have you ever been in a previous motor vehicle accident? YES \_\_\_ NO \_\_\_

**Patient Signature:** \_\_\_\_\_

If YES please provide all information about prior accidents if NO proceed to next section.

### Date and location of previous MVA:

1. Injuries sustained during prior accident (MVA):
  
2. Name of practitioners who provided treatments for prior accident if known:
  
3. Were all symptoms from this prior accident resolved before your most recent accident?  
YES \_\_\_ NO \_\_\_
  - If NO, what symptoms of this prior accident persisted?
  
  - If No did these symptoms affect your function (ability to perform tasks) in any way prior to this most recent accident? YES \_\_\_ NO \_\_\_

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2. Name of practitioners who provided treatments for prior accident if known:
  
3. Were all symptoms from this prior accident resolved before your most recent accident?  
YES \_\_\_ NO \_\_\_
  - If NO, what symptoms of this prior accident persisted?
  
  - If No did these symptoms affect your function (ability to perform tasks) in any way prior to this most recent accident? YES \_\_\_ NO \_\_\_

## Motor Vehicle Accident Report – Information and History

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YES \_\_\_ NO \_\_\_
  - If NO, what symptoms of this prior accident persisted?
  
  - If No did these symptoms affect your function (ability to perform tasks) in any way prior to this most recent accident? YES \_\_\_ NO \_\_\_

### Date and location of previous MVA:

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2. Name of practitioners who provided treatments for prior accident if known:
  
3. Were all symptoms from this prior accident resolved before your most recent accident?  
YES \_\_\_ NO \_\_\_
  - If NO, what symptoms of this prior accident persisted?
  
  - If No did these symptoms affect your function (ability to perform tasks) in any way prior to this most recent accident? YES \_\_\_ NO \_\_\_

## Symptoms and Conditions *After* this MVA Accident

Describe all the symptoms and conditions from which you suffered **after** the current MVA accident. Describe the **physical problems** that you have. Use additional pages if necessary

<i>Symptom/Condition - After the Accident</i>	<i>Symptom/Condition - After the Accident</i>
<p><b>Name</b> of symptom: _____</p> <p><b>When</b> did this problem start? _____</p> <p>What makes this <b>problem better or worse</b>?</p> <p>Describe what this <b>problem feels</b> like:</p> <p>Does this <b>pain</b> stay one place or radiate to other areas of your body?</p> <p>What <b>time of day</b> is this symptom worse, and how frequently does this symptom occur?</p> <p><b>Who</b> has treated you for this symptom?</p> <p>What <b>types of treatment</b> have you received for this condition?</p>	<p><b>Name</b> of symptom: _____</p> <p><b>When</b> did this problem start? _____</p> <p>What makes this <b>problem better or worse</b>?</p> <p>Describe what this <b>problem feels</b> like:</p> <p>Does this <b>pain</b> stay one place or radiate to other areas of your body?</p> <p>What <b>time of day</b> is this symptom worse, and how frequently does this symptom occur?</p> <p><b>Who</b> has treated you for this symptom?</p> <p>What <b>types of treatment</b> have you received for this condition?</p>
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**Motor Vehicle Accident Report – Information and History**

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<i>Symptom/Condition - After the Accident</i>	<i>Symptom/Condition - After the Accident</i>
<p><b>Name of symptom:</b>_____</p> <p><b>When did this problem start?</b> _____</p> <p>What makes this <b>problem better or worse?</b></p> <p>Describe what this <b>problem feels like:</b></p> <p>Does this <b>pain</b> stay one place or radiate to other areas of your body?</p> <p>What <b>time of day</b> is this symptom worse, and how frequently does this symptom occur?</p> <p><b>Who</b> has treated you for this symptom?</p> <p>What <b>types of treatment</b> have you received for this condition?</p>	<p><b>Name of symptom:</b>_____</p> <p><b>When did this problem start?</b> _____</p> <p>What makes this <b>problem better or worse?</b></p> <p>Describe what this <b>problem feels like:</b></p> <p>Does this <b>pain</b> stay one place or radiate to other areas of your body?</p> <p>What <b>time of day</b> is this symptom worse, and how frequently does this symptom occur?</p> <p><b>Who</b> has treated you for this symptom?</p> <p>What <b>types of treatment</b> have you received for this condition?</p>
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## MVA Impacts on Your Lifestyle

Check the activities that have been **affected adversely**, or that are **difficult to perform**, since you had your MVA Accident.

<b>Domestic</b>		
- check the affected options		
<input type="checkbox"/> Cleaning	<input type="checkbox"/> Holding Bowls, Cups, etc.	<input type="checkbox"/> Standing
<input type="checkbox"/> Cooking	<input type="checkbox"/> Moving Items	<input type="checkbox"/> Vacuuming
<input type="checkbox"/> Eating	<input type="checkbox"/> Lifting	<input type="checkbox"/> Other Domestic Activity
<input type="checkbox"/> Folding Laundry	<input type="checkbox"/> Sitting	
<input type="checkbox"/> Getting Into or Out of Bed	<input type="checkbox"/> Sleeping	
<b>Personal Care</b>		
- check the affected options		
<input type="checkbox"/> Applying Makeup	<input type="checkbox"/> Bathing	<input type="checkbox"/> Brushing Teeth
<input type="checkbox"/> Combing Hair	<input type="checkbox"/> Flossing	<input type="checkbox"/> Dressing
<input type="checkbox"/> Nail Care	<input type="checkbox"/> Shampooing	<input type="checkbox"/> Gargling
<input type="checkbox"/> Showering	<input type="checkbox"/> Toilet Care	<input type="checkbox"/> Shaving
<b>Interpersonal Behaviors</b>		
- check the affected options		
<input type="checkbox"/> Hugging	<input type="checkbox"/> Sexual Activity	<input type="checkbox"/> Other Interpersonal Activity
<input type="checkbox"/> Kissing	<input type="checkbox"/> Personal Relationships	
<b>Working with Children</b>		
- check the affected options		
<input type="checkbox"/> Bathing	<input type="checkbox"/> Packing Lunches	<input type="checkbox"/> Toweling After Bath
<input type="checkbox"/> Breast/Bottle Feeding	<input type="checkbox"/> Picking Up/Hugging	<input type="checkbox"/> Washing/Shampooing
<input type="checkbox"/> Carrying Kids	<input type="checkbox"/> Picking Up Toys	<input type="checkbox"/> Rocking
<input type="checkbox"/> Changing Diapers	<input type="checkbox"/> Playing	<input type="checkbox"/> Other Child Care Activity
<input type="checkbox"/> Entertaining	<input type="checkbox"/> Pushing Strollers	
<b>Sports and Entertainment</b>		
- check the sports or activates adversely affected, or that are difficult to perform since the MVA.		
<input type="checkbox"/> Aerobics	<input type="checkbox"/> Handball	<input type="checkbox"/> Rollerblading
<input type="checkbox"/> Archery	<input type="checkbox"/> Horse Back Riding	<input type="checkbox"/> Roller Skating
<input type="checkbox"/> ATV Riding	<input type="checkbox"/> Hunting	<input type="checkbox"/> Rugby
<input type="checkbox"/> Baseball	<input type="checkbox"/> Ice Skating	<input type="checkbox"/> Running/Jogging
<input type="checkbox"/> Badminton	<input type="checkbox"/> Jet Skiing	<input type="checkbox"/> Tennis
<input type="checkbox"/> Basketball	<input type="checkbox"/> Martial Arts	<input type="checkbox"/> Walking
<input type="checkbox"/> Biking	<input type="checkbox"/> Paddle Ball	<input type="checkbox"/> Weight Training
<input type="checkbox"/> Boogie Boarding	<input type="checkbox"/> Soccer	<input type="checkbox"/> Wind Surfing
<input type="checkbox"/> Bowling	<input type="checkbox"/> Softball	<input type="checkbox"/> Working out
<input type="checkbox"/> Camping	<input type="checkbox"/> Snowmobiling	<input type="checkbox"/> Wrestling
<input type="checkbox"/> Canoeing	<input type="checkbox"/> Snow Boarding	<input type="checkbox"/> Volleyball
<input type="checkbox"/> Cross Country Skiing	<input type="checkbox"/> Surfing	<input type="checkbox"/> Yoga
<input type="checkbox"/> Down Hill Skiing	<input type="checkbox"/> Swimming	<input type="checkbox"/> Other Sport and Entertainment Activity
<input type="checkbox"/> Football	<input type="checkbox"/> Table Tennis	
<input type="checkbox"/> Golf	<input type="checkbox"/> Racquet sports	
<input type="checkbox"/> Gymnastics	<input type="checkbox"/> Rafting	
<input type="checkbox"/> Rock Climbing		

## Motor Vehicle Accident Report – Information and History

### Social Activities

- check the affected options

- |  |                                    |  |
|--|------------------------------------|--|
| <input type="checkbox"/> Religious Practices | <input type="checkbox"/> Going Out | <input type="checkbox"/> Sightseeing             |
| <input type="checkbox"/> Concerts, Music     | <input type="checkbox"/> Movies    | <input type="checkbox"/> Vacations               |
| <input type="checkbox"/> Dancing             | <input type="checkbox"/> Picnics   | <input type="checkbox"/> Visiting                |
| <input type="checkbox"/> Eating Out          | <input type="checkbox"/> Reading   | <input type="checkbox"/> Walking                 |
| <input type="checkbox"/> Entertaining        | <input type="checkbox"/> Shopping  | <input type="checkbox"/> Other Social Activities |

### Out of the House – Household Activities

- check the affected options

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Car Maintenance       | <input type="checkbox"/> Painting           | <input type="checkbox"/> Using Tools                 |
| <input type="checkbox"/> Cleaning Gutters      | <input type="checkbox"/> Pruning            | <input type="checkbox"/> Walking Dog                 |
| <input type="checkbox"/> Cleaning Interior Car | <input type="checkbox"/> Raking             | <input type="checkbox"/> Washing Car                 |
| <input type="checkbox"/> Cleaning Pool         | <input type="checkbox"/> Scraping Walls     | <input type="checkbox"/> Watering Lawn               |
| <input type="checkbox"/> Clearing Brush        | <input type="checkbox"/> Shoveling Driveway | <input type="checkbox"/> Weeding                     |
| <input type="checkbox"/> Fertilizing           | <input type="checkbox"/> Spraying           | <input type="checkbox"/> Yard Work                   |
| <input type="checkbox"/> Hammering             | <input type="checkbox"/> Taking Out Trash   | <input type="checkbox"/> Other Out of House Activity |
| <input type="checkbox"/> Mowing Grass          | <input type="checkbox"/> Tree Trimming      |  |

### Impacts on Your Career

- check the affected tasks, activities or motions.

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Activities requiring <b>Hand</b> strength or motion.       | <input type="checkbox"/> Attendance at work           | <input type="checkbox"/> Safety is affected                            |
| <input type="checkbox"/> Activities requiring <b>Wrist</b> strength or motion.      | <input type="checkbox"/> Bending activities           | <input type="checkbox"/> Shoulder checking                             |
| <input type="checkbox"/> Activities requiring <b>Elbow</b> strength or motion.      | <input type="checkbox"/> Bookkeeping                  | <input type="checkbox"/> Sitting for periods of time                   |
| <input type="checkbox"/> Activities requiring <b>Shoulder</b> strength or motion.   | <input type="checkbox"/> Communication                | <input type="checkbox"/> Speech  |
| <input type="checkbox"/> Activities requiring <b>Neck</b> strength or motion.       | <input type="checkbox"/> Concentration                | <input type="checkbox"/> Stairs  |
| <input type="checkbox"/> Activities requiring <b>Upper Back</b> strength or motion. | <input type="checkbox"/> Data entry                   | <input type="checkbox"/> Standing for periods of time                  |
| <input type="checkbox"/> Activities requiring <b>Mid Back</b> strength or motion.   | <input type="checkbox"/> Driving                      | <input type="checkbox"/> Telephone                                     |
| <input type="checkbox"/> Activities requiring <b>Low Back</b> strength or motion.   | <input type="checkbox"/> Fine visual work             | <input type="checkbox"/> Tool operation                                |
| <input type="checkbox"/> Activities requiring <b>Hip</b> strength or motion.        | <input type="checkbox"/> Forceful exertion tasks      | <input type="checkbox"/> Transportation to work                        |
| <input type="checkbox"/> Activities requiring <b>Leg</b> strength or motion.        | <input type="checkbox"/> Grasping actions             | <input type="checkbox"/> Using a mouse                                 |
| <input type="checkbox"/> Activities requiring <b>Knee</b> strength or motion.       | <input type="checkbox"/> Group tasks                  | <input type="checkbox"/> Walking for period of time                    |
| <input type="checkbox"/> Activities requiring <b>Ankle</b> strength or motion.      | <input type="checkbox"/> Heavy work                   | <input type="checkbox"/> Working on computers                          |
| <input type="checkbox"/> Activities requiring <b>Foot</b> strength or motion.       | <input type="checkbox"/> Keyboarding                  | <input type="checkbox"/> Other Activities: please note in space below. |
|   | <input type="checkbox"/> Lifting objects              |  |
|   | <input type="checkbox"/> Lifting people               |  |
|   | <input type="checkbox"/> Writing                      |  |
|   | <input type="checkbox"/> Machine operation            |  |
|   | <input type="checkbox"/> Maintaining static position  |  |
|   | <input type="checkbox"/> Memory                       |  |
|   | <input type="checkbox"/> Performing required tasks    |  |
|   | <input type="checkbox"/> Physically demanding tasks   |  |
|   | <input type="checkbox"/> Precision tasks              |  |
|   | <input type="checkbox"/> Pulling actions              |  |
|   | <input type="checkbox"/> Pushing actions              |  |
|   | <input type="checkbox"/> Reaching actions             |  |
|   | <input type="checkbox"/> Reading                      |  |
|   | <input type="checkbox"/> Repetitive motion activities |  |

Notes:

